



Pastoral Care

Pastoral care is how we support, nurture and strengthen our beloved community through love, trust, and service.

The Minister of UUCR provides confidential pastoral care across our congregation through visits, meetings, phone calls, etc. Pastoral care:

- ◆ encourages healing through spiritual reflection and engagement of deep questions that lead toward wholeness;
- ◆ supports people in sustaining their faith in the midst of life challenges;
- ◆ can serve in guiding people facing difficult questions and crisis in a warm and caring environment;
- ◆ can support reconciliation between members, couples, within families and with a person's past;
- ◆ provides nurturing spiritual growth and development along life's journey.

The Pastoral Care Team and Ministerial Interns coordinate food, rides to the doctor, child care support, cards and calls to those needing an ear to listen. We connect with those who are not here on Sunday mornings. We do what we can and help with referrals to community support.

Pastoral Care Assistance

Ask for pastoral care assistance when you:

- ◆ need support in going through an illness, surgery, or disability;
 - ◆ are having a life crisis or grieving a loss;
- ◆ are undergoing a major transition in your life and feel alone;
 - ◆ are having a baby and need help;
- ◆ know someone at UUCR who needs help.

If You Need Care

If you would like to talk to someone about a concern or joy in your life, please call anyone listed in this brochure or the UUCR office. Or, you may send an email to:

- ◆ Rev. Dr. Rebekah Savage, rev.rebekah@uucr.org; or
- ◆ The Pastoral Care co-chairs and Ministry team at: pastoralcare@uucr.org.

How Can I Help?

- ___ Send cards
- ___ Provide transportation to church, doctor, etc.
- ___ Visit home-bound members
- ___ Shop, run errands
- ___ Provide meals
- ___ Help with memorial receptions
- ___ Provide behind-the-scene support
- ___ Provide lawn care
- ___ Other ideas welcomed!



Join The Team!

If you would like to become a Pastoral Care Team volunteer, please contact co-chairs Sharon Fitzpatrick or Jane Klag. More people are always needed.

- ◆ Rev. Dr. Rebekah Savage, Minister
- ◆ Sharon Fitzpatrick & Jane Klag, Pastoral Care Team co-chairs
- ◆ Ministerial Intern: Brenna Clanton



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