
WORSHIP SERVICES

April Theme: CONFESSION

Sun, April 7, 9 & 11:15 a.m.
A Clean Heart

In ancient Egyptian religious culture, it was believed that in the afterlife, a person would stand before a diving tribunal, declare their proof of a virtuous life, and therefore be worthy of acceptance into paradise. The acts of the “negative confession” or “declaration of innocence” stood as the moral and ethical framework for society, as well as a guide for a faithful life. The confession included: “I have made no one weep,” “I have terrorized no one,” and “I have not been a stirrer up of strife.” What frames our pillars of a faithful life? Led by **Rev. Rebekah Savage**.

Special music by guests **Andrea Vercoe**, violin, and **Jon Seligman**, percussion. **Justin Furnia** on piano.

First Fifteen—Three to four Sundays a month, all ages* join in worship in the Sanctuary for the “First Fifteen” minutes, after which those in pre-K through 5th grade follow their teachers to their classrooms. Parents of pre-K through 3rd grade are asked to sign their children out from classes promptly at the end of worship; children in 4th grade and up will be dismissed to find their parents at the end of class.

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April 3, 2019

Quest

*The Newsletter of the
Unitarian Universalist
Congregation of Rockville:
A Welcoming Congregation*

Lifelong Spiritual Discovery Beloved Community A Just World

Volume LXII, Number 8
April 3, 2019

Editor & Publisher:
Adrian L. H. Graham

Care for the Earth

by Terrie Barr, Environmental Action Group

Earth Month will be celebrated every Sunday in April.



UUCR offers many ways to celebrate Earth Day and Month. Let's show that UUCR cares!

Join us to commit to cut Carbon! Look for a Big Carbon Footprint cut out in the Courtyard and in other places during the month. We want to cover that footprint with pledges to go green. Will you make a pledge toward a greener home and planet? When you commit to a carbon saving activity, you will get a sticker to put on the Carbon Footprint and one to keep if you want, to thank you and remind you of your commitment. Ideas for carbon saving activities and stickers will be in the Courtyard during Middle Hour, along with healthy snacks.

The first Sunday, April 7, we'll focus on home energy which equals 16 TONS of carbon emissions per person each year! Almost 40 percent of each person's carbon footprint comes from their home. So doing activities to reduce your home carbon emissions is a great way to reduce all of our Carbon Footprints. We'll share fact sheets that will suggest things to do to cut carbon.

On Saturday, April 13, clean up Lake Needwood with your UUCR family, 9:00 a.m. to 12:00 noon. Join Rock Creek Conservancy and UUCR for the 11th Annual Rock Creek Extreme Cleanup. Volunteers will clean trash and litter from the area around Lake Needwood before it ends up in Rock Creek. Sign up at: www.tinyurl.com/Lake-Needwood-Clean-Up. You can also sign up at UUCR on Sunday, April 7. Volunteers will meet at the Lake Needwood Boathouse (15700 Needwood Lake Circle). If you wish to carpool from UUCR, contact **Alex Tucker**.

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Quest deadline: Thursday, **April 25, 2019** at 8:00 p.m.,
for mailing on **May 1, 2019**.
Email to quest@uucr.org

Quest

**Unitarian Universalist
Congregation of Rockville**
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Quest, the regular newsletter of the Unitarian Universalist Congregation of Rockville, is published monthly at the UUCR office at 100 Welsh Park Drive, Rockville, MD 20850, and distributed without charge to members, guests, and friends. Postage is paid at Rockville, MD. All rights reserved. Postmaster: Send address changes to Circulation Manager, *Quest*, 100 Welsh Park Drive, Rockville, MD 20850

(*Worship Services continued from page 1*)

*Nursery care for infants—3-year-olds is available during the entire service in Building 3, Room 33.

Sunday, April 14, 9:00 a.m. & 11:15 a.m.

What Hurts Mother Earth Hurts Us All

Rev. Lynn Strauss will consider the interconnectedness of all life on planet Earth. What are we willing to do to advance environmental justice today and tomorrow?

Special music by the **UUCR Chamber Ensemble**, under the direction of **Justin Furnia**.

First Fifteen—see above.

Sunday, April 21, 9:00 a.m. & 11:15 a.m.

EASTER SUNDAY & CHILD DEDICATION

Human Brokenness and Healing

In a world of pain, fear, and hate, **Rev. Strauss** will speak to the human condition and the healing power of hope. How can you plant more seeds of hope in the world?

The **Adult Choir** will sing, with **Justin Furnia** on piano. Trumpet trio featuring **Julie Graf, Melanie Lyons, and Matthew Lyons-Bennington**.

Special Programming—All* gather together in the Sanctuary for this service. Children will then depart to Founders Hall for special holiday programming. *Nursery care for infants—3-year-olds is available during the entire service in Building 3, Room 33.

Sunday, April 28, 9:00 a.m. & 11:15 a.m.

NEW MEMBER SUNDAY

Liberation

Ever feel as if the world is stacked against you? Ever know that place of despair and injustice? Liberation Theology is grounded in the belief that God is on the side of the oppressed and poor. This sermon, inspired by an Action Auction request, explores the spectrum of Liberation Theology and reminds us that liberation is our collective will towards the Greatest Good in the world. We will also be graced by the musical genius of Wendel Werner! Most importantly, come welcome the newest members to our UUCR Family. Led by **Rev. Savage**.

Special music by guest pianist **Wendel Werner**.

First Fifteen—see above.

FAITH FORMATION

REflections...

by Carla Miller, Director of Religious Education



Family Faith Formation

Prayground, Our Children's Summer Program

This summer we will provide a hands-on experience of spiritual practice and creative exploration. Volunteer for one Sunday or many. This a great opportunity to get involved if your schedule doesn't otherwise fit with RE...like our choir members, professional teachers who now have the summer off, and other non-teaching members. We have a list of wonderful activities from which you may choose. All instructions and materials will be provided.

Explore the World of Faith with Children and Youth Next Year

We have exciting plans for next year's faith formation for our young people, and lots of great kids! Next step? Identifying the adult volunteers to guide them on the way. Might you join us? Read on to know more, and contact me at cmiller@uucr.org. Faith Formation is a meaningful and satisfying way to volunteer in the UUCR faith community. We have at least four volunteers for each class; each serves approximately twice a month. You might choose to teach for the full RE year, or for one semester if that is a better fit for your schedule.

Class Plans: 2019-2020

- ◆ 9:00 a.m. Faith Explorers (Grades K-6). This multiage group engages children in the congregational theme of the month through group activities as well as individual exploration. This program is a great fit for independent and hands-on learners. **Volunteers:** We have had great fun and success with this new program, but not so much success in finding adult leaders. Please consider taking a role as a leader or assistant for this wonderful group!
- ◆ 11:15 a.m. Classes. The theme for all grades next year is the Six UU Sources from which we draw, especially world religions. This theme provides meaningful learnings and supports spiritual development and the strengthening of an anti-oppressive, anti-racist lens.
 - ◇ Age Group: Grades Pre-K/K (ages 4-5). Fall—"Creating Home" develops a sense of home grounded in faith and Unitarian Universalist values, and draws on stories from many sources. Spring—"A World of Wonder" delves deeply into our interconnection with the web of life through direct experience with the natural world. **Volunteers:** Anyone with a love of young children! Special opportunity in the spring for those with a love of nature. Feel free to volunteer for one or both semesters.
 - ◇ Age Group: Grades 1-3 (ages 6-8). *Note: This curriculum may be adapted.* Fall—"Picture Book World Religions" will engage children in exploration of diverse faith traditions through beautiful picture books. Spring—"Picture Book Bible Tales" focuses specifically on Jewish and Christian bible stories and their lessons. **Volunteers:** Those who love children's books and the sweet, inquisitive children in the early elementary grades. Fall semester will benefit from your understanding of cultural and religious diversity. Spring is an opportunity for those with Jewish or Christian origins to revisit the core stories and themes of these traditions.

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FAITH FORMATION

(Reflections continued from page 3)

- ◇ Age Group: Grades 4-6 (ages 9-11). Fall—“Sources of Our Faith”. This journey through the Six Sources of our liberal faith brings both breadth and depth to faith formation. Spring—“Mytholodeon”. Our self-created sequel to *Bibleodeon* allows children to engage with a variety of myths through themes like nature, the human condition, facing challenges, and depictions of an afterlife. **Volunteers:** Young people this age are ready to jump into learning and actively shaping their individual perspectives. They enjoy interactive games, creative arts, and engaging their teachers actively in debate. Fall semester will be a UU faith formation experience. Do you know the [Six Sources](#) of our faith? This is your opportunity to learn alongside the kids. Are you an enthusiast of myths and ancient cultures? Your presence would enrich our spring semester! *Don't worry, significant background knowledge is not nearly as important as your interest and eagerness to engage in this exploration.*
- ◇ Age Group: Grades 7-8 (ages 12-13). “[Crossing Paths](#).” An updated version of the *Neighboring Faiths* curriculum, this exploration of world religions provides an abundance of experiential learning, including field trips to a variety of faith communities and guest speakers. This will be a highly memorable and formative year. **Volunteers:** Have you attended worship in a mosque, taken a guided tour of a Hindu temple, or meditated in the silence of a Quaker meeting house? This class will provide those experiences for adults as well as youth! This updated version emphasizes family engagement as well. Your enjoyment of the youth is key! Those with background knowledge of world religions would be particularly valuable as teachers, though this is not a requirement. RE staff support the planning of field trips and speakers. Let us know of any religious experience or area of expertise you could bring as a guest speaker.
- ◇ Age Group: Senior High Youth. The [web of youth ministry](#) model builds toward meaningful partnership between youth and adults in shaping a program of learning, justice-making, multigenerational relationship, and spiritual development. Youth may also potentially join the junior youth on some of their field trips. **Volunteers** who would enjoy any aspect of youth programming—team-building activities, spiritual development, or social justice are invited to bring their enthusiasm to our youth for one or more sessions or activities! We are hoping to welcome more Sunday morning advisors for the group as well as people who will come in for special sessions or accompany youth on activities outside of Sunday morning.

Emerson's Report: Dancing Out of Inhibitions

by Tim Francis

In March, Emerson's Café's usual 50-minute 'incubator' of insight turned out a few powerful and helpful ideas for 'stepping out' of inhibitions into that glorious rapture of dance, including the following:

- 1) Forget the fear of wounding your ego by embarrassment and think of dancing as a service to the higher power or spirit—to encourage and inspire others by example and reach the important goal of experiencing a higher consciousness and state of being. Dance to express, not impress.
- 2) Take the inspiration from children or first humankind to remember that all-important spirit of spontaneity, creativity, and play. Especially important to UUs—turn off the intellect and turn on the heart-body and fun!
- 3) Learn to say “Forget that!” to the feelings or thoughts of stopping yourself from dancing and bowing to the perceived or imagined critical thoughts of others. Dance like you don't care who's watching! Realize that your much more valuable hunger to dance trumps feelings of inhibition and criticism.
- 4) Remember Rev. Rebekah's sermon, pointing out the idea that “to stop moving is to die.” That being too still, not growing, leads to decay and death, and cuts evolution and realization short.



Hopefully the above will be helpful—especially at Rev. Lynn's Farewell Dance party coming up on May 18! Maybe it will also help steer some 'questers' to be welcome new faces at Emerson's Café—it's a more intimate and less inhibiting place to share and build clarity on each of our important spiritual practices.

CONGREGATION WORKS

Legacy Sunday

by Sharrill Dittmann, Chair, Planned Giving Committee

We will celebrate Legacy Sunday on May 26, honoring those members and friends who have died this church year, as well as considering our own Legacies. Each of us brings a Legacy to our families, to our social interactions, to UUCR. Each of us adds to our Legacy from the same sources. Legacy is an important topic for all of us, and this year it's particularly meaningful. Lynn will be settling into her well-deserved retirement, and we will be setting off on a new adventure with new leadership. What is the Legacy we want to highlight and build on in this new era? What is the Legacy we want to celebrate? Each of us has received the benefit of Lynn's leadership and incorporated that into his or her own "personal" UUCR. How will you honor this?

One way we leave Legacies is by giving to Endowment Funds. Colleges, charities, and churches all love endowments. They give an organization a safety net as well as funds to start new programs that might not be covered with operating funds at the beginning. UUCR has an Endowment Fund, and I encourage you to consider donating to it or putting a bequest in your estate plan in honor of Lynn's Ministry with us. Our fund was just getting under way when the Capital Campaign for the new Sanctuary took the congregation's attention for a spell. Then, our own Roger Estep set up a formal program and raised the awareness of endowments among members at UUCR. Today, we have over \$380,000 in principle and interest in the Fund with pledges for more in members' estate plans. Won't you join them?

Next month, we'll talk more about the business of giving, and we'll honor our newest member of the Legacy Society – those members who have made gifts or bequests above a minimum amount. Never forget that *all* gifts are received with gratitude.

From the Archives

by Maude McGovern



UUCR's Archives

It started with a bunch of boxes pulled from closets and corners. Oh, and a bookcase that nearly fell over on me. Agendas of long-ago committee meetings mingled with photos of founding members. Directories, board minutes, annual reports, and newsletters were all over the place. Then there were miscellaneous items such as oral histories, newspaper clippings, and a T-shirt.

Slowly, the archives took shape. I sorted, tossed the chaff, and organized the rest in time to write *UUCR at 60*, an anniversary history in 2016. ([Available on the church website.](#))

UUCR has a rich history. Congregants have included musicians and artists, mayors of Rockville, environmental and civil rights activists. Ministers have inspired and comforted. People have sung and prayed, held parties and meetings, educated children, sought truth, and served the world. Knowing UUCR's history deepens my sense of community that exists not just now but backwards and forward in time. I hope you feel the same.

I am moving out-of-state soon, but leave UUCR's archives in the capable hands of Glenn Griffin and Chris Julka. Contact them if you have a church history question or think you may have something to add to the collection. And keep making history at UUCR!

CONGREGATION WORKS

Candidates for Election at UUCR

by the UUCR Nominating Committee

The candidates submitted to the congregation by the Nominating Committee are listed below. All have consented to serve if elected.



Elsa Powell Strong is a nominee for Vice President. Elsa became a member of UUCR in 2016 and has loved participating in this vibrant, progressive community with her husband, Eric and their children Kris, Putnam, and Sumner, as well as her Grandmother-in-law, Victoria and most recently, her cousin-in-law, Nancy. She has been deeply moved by the love, support, and friendship this community has shared with her family and feels grateful for this opportunity to serve on the board and give back to UUCR.

Professionally, Elsa supports leaders and organizations to inspire, motivate, and engage their people by developing strategies and skills that drive better performance. She leads teams of designers and subject matter experts to solve client problems and utilizes a unique and creative approach to leadership development, trust-building, group problem-solving, and strategic planning. She's provided close support to leaders around the world, including an extended assignment in Afghanistan to advise Afghan government leaders on a coordinated capacity-building strategy for the nation's energy sector. She also helped to found the Langer Mindfulness Institute with Professor Ellen Langer of Harvard University, an organization committed to understanding and applying evidence-based mindfulness practices to the improvement of health, well-being, and effectiveness.

Passionate about music, Elsa has been performing opera and cabaret for more than 25 years. She has performed in many choruses and groups and was a member of the board of directors of the Boston Association of Cabaret Artists. She is also extremely grateful to have had the opportunity to perform as a guest member of UUCR's choir and at other musical events, which have allowed her to fit singing into her very full life in new and exciting ways!

Elsa earned a BA from Brown University and a Master's in Organizational Sciences from George Washington University in 2015.

Elsa looks forward to bringing some of what she has learned to support the wonderful community of talented, passionate, and committed people here at UUCR. She knows there is a wealth of knowledge and experience in the UUCR community and as a lifelong learner, she hopes to tap into the collective intelligence that lives in our community to help UUCR achieve its bold vision.



Brian Haugen is a nominee for General Trustee, and has been a UUCR member for two years. Brian, his wife Shani, and their three children, Rohan, Inder, and Arjun regularly attend services. His family moved to Rockville in 2007 from Madison, WI, where Brian and Shani had first met studying microbiology. Brian is active in the RE program, teaching 3rd-5th last year and 1st-3rd this year. He works for the National Institutes of Health, overseeing public transparency projects on research grant funding and results, giving the public the information they need to understand the impact of investments in biomedical research. He grew up on a small farm in far northwestern Minnesota before attending Bemidji State University for college and then the University of Wisconsin for a doctorate in microbiology.

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CONGREGATION WORKS

(Candidates continued from page 6)



Sandy Larkin is a nominee for the Nominating Committee. Sandy was born an Army "brat" in Bethesda and although she grew up home-based in Maryland, she moved frequently. She is an empty-nester with her husband Larry in Rockville. They are working a bit too hard, but squeezing in travel whenever possible. Sandy and Larry have two daughters: Caroline is getting her PhD in Computational Biology and Natalie is majoring in Cyber Security at UCF. Sandy joined UUCR last year and has been involved in the Action Auction, Emerson's and the Small Group Ministry. She is thrilled to have found her UUCR community!

Niambi Powell is a nominee for the Nominating Committee. Niambi is a licensed clinical social worker with over a decade of experience serving a broad range of at-risk and underserved populations. With an MSW from UMAB School of Social Work and a BA in Human Development/Family Science from Messiah College, Niambi has a passion for building relationships that cultivate learning, growth, and equal access to opportunity in her local community. Niambi has been singing her whole life and it comes as no surprise that music and service should go hand in hand. Niambi is the co-founder of Harmony's African-American Legacy Organization (HALO), serving as the artistic co-director of its community music therapy program – "Race and Real Talk". She currently sings baritone with its all-women ambassador quartet, HALO – the first ever internationally competing African-American barbershop quartet. Niambi is approaching her two-year anniversary as a UUCR member and treasures having had Rev. Lynn officiate her and her husband, Cedric's, wedding in October 2017. She enjoys singing with the adult choir and Bonfire of the Mannakeys, and serving on UUCR's Music and Arts Committee. Prior to joining UUCR, Niambi attended services and served as an OWL facilitator for the middle school aged youth at All Souls in Washington, DC. She looks forward to continued service and fellowship with the UUCR community.



SHARING THE MINISTRY

Thinking of You

compiled by Judy Eisenhauer and Staff on behalf of the Pastoral Care Team

Hunter M. Jones, Jr. died on Friday, March 22, 2019. Hunter and Peggy Jones, who first met when they were in 7th grade, were Founding Members of UCR having signed "the Book" in 1956. After joining, Hunter visited every member of UCR, took their photo, and gave them a pledge card. Hunter was a regular teacher in Sunday School and a quiet force for creativity and fun as well as learning. One year, Hunter wanted to introduce dance to the children, so he enrolled himself in dance classes, and dancing became a regular and passionate part of his life. Until recent years, Hunter and Peggy sat in "their pew" up front in the center. Hunter served this congregation with generous love and dedication for 60 years. Hunter did not wish to have a memorial service, but cards to Peggy are appreciated. In a message from the family to the congregation, Hunter's son wrote, "Thanks for being part of Dad's life." We who knew him know that the blessing was ours.



Evelyn Marks, mother of Dave Marks, was admitted to hospice near her home congregation, the Unitarian Universalist Church of Annapolis. Our thoughts and prayers are with Dave, Diane, and Dave's family.

Please contact **Judy Eisenhauer** with any joys, concerns, or accomplishments you would like to share in this column.

SHARING THE MINISTRY

DeLynneations

by Rev. Lynn Strauss

The Gift of Grief

Psychotherapist Francis Weller writes, “Coming home to grief is sacred work.” I must be honest with you my dear congregation, I am living into grief in these final months with you. For leave you I must.



And yes, I’d rather give you joy and laughter, but it is the gift of grief I am feeling. Why a gift? Because my heart is moved by all I cannot save, by all that I will miss, by all that has been miracle and meaning in these 14 years of ministry. A better word perhaps is depth. Depth is what I have tried to teach and preach and discover with you. I hope I have in some small part succeeded.

Ministry takes many forms – celebration, sorrow, action, strategy, mistakes, knowledge, wisdom, and so much more. Isn’t that what love is like? All that and more?

I came to ministry and to UUCR with a sense of privilege. “Who am I to be called to such holy service?” I leave you not only with my sacred grief, but with a deep well of gratitude. I thank you for accepting my leadership, for creative moments shared, for bringing your children and youth into our sacred halls, for trusting me with your pain, for allowing me to speak at the Memorial Services of your loved ones, and to dance at your weddings.

Like love, grief and gratitude are also affirmations of life.

I will think of you when I see a deer, when I sing a hymn, when I dance.

Blessings,

Lynn

The Art on Our Walls

by Liliane Blom and Sherry Dittmann, Aesthetics Committee

Our latest artist is Deborah Kennedy. Deborah is a poet and photographer whose work captures the ordinary things, people, and unintended events that become our lives. After 27 years in finance, she now writes, teaches, and promotes the arts, advocating the practical value of creative thought. She exhibits work across the DMV area—photos with poetry—and writes for other artists as well. She is the author, along with composer Rob Rede, of [Open Minds](#), a choral work performed to give voice to those with mental health challenges and the people who care for them.



Deborah founded *ARTspeaks*, a community space focused on new artists, found art, and social justice installations, and she works with high school students to create their own public exhibits. She’s working with over 100 business sponsors, artists, and community leaders on a public art project to debut in April. See Deborah’s photographs with poetry at [IncorporationsPoetry.com](#).

We invite you to spend some time reading Deborah’s poetry and forming your own interpretations of her photographs.

SHARING THE MINISTRY

Cultural Appropriation

by Rev. Lynn Strauss, Rev. Rebekah Savage, and Director of Music Sarah Jebian

In our ongoing work to de-center whiteness and be a truly anti-racist, anti-oppression, multicultural, and “Welcoming” congregation, we make mistakes – mistakes that cause harm. This harming happens when we fail to ask the right questions, ignore the context, or disregard the power dynamics in our relationships.

Worship planning at UUCR happens most often within our professional staff, with the senior minister carrying the primary accountability for excellence and integrity. When crafting a worship service that features music, rituals, dance, or stories of an oppressed or marginalized community, we are called to reflect upon many questions such as:

- Why are we doing this?
- Why use *this* particular cultural material or event?
- What is the cultural context from which it is taken? What is the history?
- Can I / Did I invite people from the culture to participate and to speak for themselves in this plan?

Cultural appropriation in worship or ritual can happen easily even if we are aware and inclusive in the planning, creation, and decision making. For the purposes of this *Quest* article, let’s focus on the area of music – one of the most consistent ways in which we might experience cultural appropriation in our worship community. In all creative art forms, appropriation can be difficult to spot and there’s often no “right” answer, even amongst people of color, or within one cultural group.

For example, there are some who feel that our predominately white UU choirs shouldn’t sing gospel music, because gospel music is traditionally rooted in African-American churches and is specifically Christian in theological principle. The response to this line of thought has often been, “Well, if white people aren’t allowed to perform music from other cultures, does that mean that people of color shouldn’t perform Bach?” This reflexive response ignores the fact that African-American musicians have historically been shut out of ‘white’ music spaces, and there are still examples where this continues today. Remember that African-American performers weren’t allowed to perform at ‘white’ nightclubs. Facing those closed doors, brilliant musicians of color birthed the music of ragtime, jazz and the blues, rock & roll and hip hop... which white performers then copied and used without giving credit where it was due, and often for greater pay and success than were or are allowed for African-American performers. That is the very definition of cultural appropriation. It happens when the dominant culture takes or uses something from another, often oppressed and/or marginalized group – often people of color – calls it their own, and uses it for their own purposes and not for the benefit of the marginalized group.

Unitarian Universalist religious educator and anti-racism, anti-oppression activist Jacqui James writes:

“Since we as Unitarian Universalists seek to promote justice, equity, peace, and the inherent worth and dignity of every person, we must look at how the integration of rituals, symbols, and ideas of other traditions may be affecting those whose traditions are being ‘borrowed.’ It is important that we learn to differentiate between drawing from the wisdom and appropriating rituals, artifacts, and other elements of the spiritual traditions of other religions.”

We have much to learn and many new ways to deepen our care of one another. Let us continue the work with courage and grace.



ANNUAL CANVASS

Canvass 2019

by Bruce Baskett

“UUCR members and friends will do what’s *necessary*; and then they will do what’s *possible*; and then, suddenly, they will be doing what was thought to be *impossible*, with their *Legacies of Love*.”

~ Francis of Assisi (adapted)

By those Legacies of Love, we are a thriving congregation with many ways to become engaged!

We have:

- ◆ Beautiful and vibrant worship services that nurture the spirit and engage the mind
- ◆ Joyful music and arts ministries, which enhance the spiritual life of the congregation and the mission of UUCR.
- ◆ Enriching faith formation programs for children and youth which nurture the awakening of minds and hearts, and which encourage and empower youth to explore life’s many questions and to discover their personal meanings
- ◆ Inspiring faith formation opportunities for all generations and families, which foster acceptance of one another and encouragement toward spiritual and personal growth
- ◆ Meaningful social justice efforts in our community and beyond, with progressive programs and services close to our hearts
- ◆ The comfort and beauty of our buildings, gardens, and grounds of our spiritual home.
- ◆ All of our loving community for times of celebration and for times of need
- ◆ And—we have an extraordinary, supportive staff



Now it’s your turn to do what is “necessary and what is possible.” Express your personal values, what UUCR means to you, by making a pledge of financial support!

All pledges, great and small, as best as you are able, are gratefully received! Your pledge will make a difference in the soon to be developed final UUCR operating budget! Please complete a pledge card at the canvass table in the corridor this month. Or, you can **pledge online** via the Canvass webpage: uucr.org/canvass.

For information about our current pledges, please see the latest issues of *UUCR E-Weekly*.

Need more information, or have suggestions about this year’s Canvass? Visit uucr.org/canvass, or write to our team at canvassteam@uucr.org.

Thank you!

CELEBRATE REVEREND LYNN’S MINISTRY:

FIRST CAME JOKES!

NEXT COMES A DANCE PARTY!!!

SATURDAY, MAY 18

6:00 P.M. TO 9:00 P.M.—ALL AGES

FINALLY—REV. LYNN’S

FAREWELL SERVICE & RECEPTION

SUNDAY, JUNE 9 AT 10:00 A.M.

SOCIAL JUSTICE

(Care for the Earth continued from page 1)

- **Sunday, April 14:** We will focus on food and water, and Rev. Lynn will lead an Earth Day service.
- **Sunday, April 21:** We will focus on transportation.
- **Sunday, April 28:** We will focus on stuff we buy.

Since September 2105, our church home has been reducing our footprint through our solar panels; we are constantly making clean energy. We also are saving energy – most of the sanctuary lights were refitted with LEDs, new LEDs were installed in Founders Hall and its foyer and in two offices in Building 4. In addition, all of our thermostats are programmable, so we are not using energy when space is generally not being used. On March 31, Montgomery County gave away 3 LED light bulbs to UUCR families in exchange for CFL and other less efficient bulbs.

Racial Justice: Resources on the Underground Railroad in Maryland

by Maude McGovern

History can be invaluable in understanding the present. With that in mind, the Racial Justice Working Group asked me to give a talk on Rockville's Underground Railroad in February. Afterwards, some people asked me for suggestions of books and local historic resources for further exploring the topic. For anyone seeking to better understand the roots of racism in America, [here is a list](#) of books, historic sites, and museums.

Save the Planet

by Marsha Luce

Recycle your energy bar wrappers and oral care products at UUCR!

The bins to collect oral care products and energy bar wrappers are in the hallway between Founders Hall and the doors to the circle drive. We partner with [TerraCycle](#) and will accept:

- Any brand of toothpaste tubes and caps
- Any brand of toothbrushes
- Any brand of toothpaste cartons and toothbrush outer packaging
- Any brand of floss containers



Please note: electronic toothbrushes, battery toothbrushes and/or their parts are **NOT** recyclable through the program.

All foil lined energy bar, granola bar, meal replacements bar, protein bar, and diet bar wrappers.

Shipping to TerraCycle is free and we will receive points that can be redeemed for a variety of charitable gifts, products, or payment of \$0.01 per point to the organization of our choice. TerraCycle upcycles and recycles traditionally non-recyclable waste into a large variety of consumer products.

VOLUNTEER NEEDED—I am moving to a condo and need someone to take over the collection and mailing of these items. It only takes about 2-3 hours a month to do this. If you have questions or want to help, please contact me for more information.

Quest

Unitarian Universalist Congregation of Rockville
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Rockville, MD 20850

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Unitarian Universalist Principles

As a member congregation of the Unitarian Universalist Association, we covenant to affirm and promote:

- The inherent worth and dignity of every person;
- Justice, equity and compassion in human relations;
- Acceptance of one another and encouragement to spiritual growth in our congregations;
- A free and responsible search for truth and meaning;
- The right of conscience and the use of the democratic process within our congregations and in society at large;
- The goal of world community with peace, liberty, and justice for all;
- Respect for the interdependent web of all existence of which we are a part.

In addition to these Seven Principles drawn from the Principles and Purposes of the Unitarian Universalist Association (UUA), we as a congregation have also elected to affirm and promote a proposed Eighth Principle:

- Journeying toward spiritual wholeness by working to build a diverse multicultural Beloved Community by our actions that accountably dismantle racism and other oppressions in ourselves and our institutions.

Our Mission and Vision

The mission and vision of the Unitarian Universalist Congregation of Rockville is to
Practice Courageous Love.

Our Values

Lifelong Spiritual Discovery ~ Beloved Community ~ A Just World