



ADULT EDUCATION AND ACTIVITIES FALL 2007

**Unitarian Universalist Church of Rockville
100 Welsh Park Drive
Rockville, MD 20850**

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REGISTRATION

Through the activities described in this pamphlet, UUCR offers a variety of programs to meet the intellectual, spiritual, emotional, community, and fun needs of our members, friends, and guests. We hope you'll join us at these programs.

Registration is ongoing throughout the year. There are five ways to register.

1. Find the sheets on the Lifespan Ed bulletin board in the lobby near Founders Hall.
2. Find the Adult RE sign-up table in the lobby on Sunday morning.
3. Call the church office and leave your name, phone, and program title and date.
4. Fill out the enclosed form and return to UUCR.
5. Find the registration form on the website.

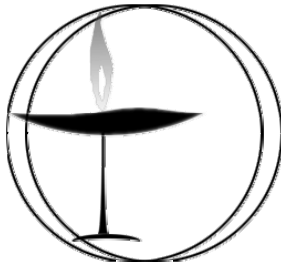
Would you like to be a part of the Adult Religious Education Committee?

It takes a group to coordinate and publicize these programs. As you look through this booklet, you'll find a wide variety of programs and resources offered for any interest—including spiritual needs, personal growth, and social justice. You can help make this happen by joining our Adult RE Committee. Talk to any of the members listed.

Adult Religious Education Committee Members

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The Unitarian Universalist Church of Rockville provides a liberal religious home in Montgomery County, welcoming all who share our journey to seek truth, meaning, fellowship, and wholeness with open hearts and minds. Using Unitarian Universalist values as our guide, we strive to

- Nurture intellectual, spiritual, and creative growth,
- Transform belief into action,
- Inspire insight and a sense of wonder through worship and religious education,
- Engage in social justice, community service, and global outreach.

Table of Contents

Wonderful Wednesday Events	1
Sunday Morning and Monday Evening Classes	2
Spiritual Search	3
PROGRAMS	
Race: The Power of an Illusion	3
Panel Discussion: A Conversation on Evil	3
Path to Membership	4
Nonviolent Communication	4
Humanism and UUism	4
Hanukkah Celebration	5
Winter Solstice	5
ONGOING GROUPS	
Meditation	5
Small Group Ministries Program	6
Women's Spirituality Group	6
Men's Spiritual Exploration Group	6
Family Support Group	6
Social Justice and Political Issues	7
Special Social Justice Event: What is al-Jazeera?	7
Global Warming and You: How You Can Help Cool the Planet	7
Peacemaking	8
The Faces of Maryland's Uninsured	9
Torture Is a Moral Issue: A Peacemaking Study Opportunity	9
First Friday Freedom Film Series	10
<i>The War Tapes</i>	10

Two Perspectives on Peacemaking: <i>West Bank Story</i> and <i>Seeds</i>	10
<i>Who Killed the Electric Car?</i>	11
<i>In Debt We Trust</i>	11

Arts and Literature	12
My Dear Little Gravity: A Visit with Livy Clemens	12
Traditional Chinese Paper Cutting	12
Caroling in the Neighborhood	13

Special Events and Social Get-Togethers	14
Activity Fair and Potluck	14
Regional Gathering of Maryland and D.C. UU Churches	14
Board Game Night	14
JUUbilee Celebration	15
Church Retreat	15
Bizarre Bazaar	15
Thanksgiving Feast	16

ONGOING ACTIVITIES	
Lunch Bunch	17
Noon Noshers	17
Dinners for Eight	17
Crafts Group	17
Quilters	18
Book Group	18
Socrates Café	18
Walking Group	19
Power Tool Gang	19

Registration Form	20
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Wonderful Wednesday

Date	Time	Title	Page
Sept 5, 12, 19	7:30 p.m.	Race: The Power of an Illusion	3
September 26	7:30 p.m.	Panel Discussion: A Conversation on Evil	3
October 3	7:30 p.m.	My Dear Little Gravity: A Visit with Livy Clemens	12
October 10	7:30 p.m.	Global Warming and You: How You Can Help Cool the Planet	7
October 17	7:30 p.m.	Peacemaking	8
October 24	7:30 p.m.	The Faces of Maryland's Uninsured	9
November 7	7:30 p.m.	Humanism and UUism	4
November 14	7:30 p.m.	Traditional Chinese Paper Cutting	12
November 28	7:30 p.m.	Torture Is a Moral Issue: A Peacemaking Study Opportunity	9
December 5	7:30 p.m.	Hanukkah Celebration	5
December 12	7:30 p.m.	Caroling in the Neighborhood	13
December 19	7:30 p.m.	Winter Solstice	5

Sunday Morning and Monday Evening Classes

Date	Time	Title	Page
SUNDAY MORNING			
Every Sunday Morning	9:15 a.m.–9:45 a.m.	Meditation	5
October 7, 14	11:30 a.m.–12:30 p.m.	Path to Membership	4
MONDAY EVENING			
October 29	7:30 pm—		
November 5	9: p.m.	Nonviolent Communication	4

Mark Your Calendar

Financial Planning Education

Financial concerns disturb your personal peace and tranquility. The UUA has encouraged all congregations to develop programs of financial planning education as part of stewardship. In this spirit, UUCR's Planned Giving Committee has asked committee member Len Cohen, a Certified Financial Planning practitioner, to present two workshops on tools you can use to ease your peace of mind.

On Sunday, January 20, Len will discuss financial planning from the perspective of households that are already retired or planning to retire within the foreseeable future. He will discuss the choices for using employer retirement funds, estate planning, inflation, risk management, investment strategies for income, and your questions.

On Sunday, January 27, Len will discuss financial planning concerns as they relate to households that are in the accumulation phase and interested in growing assets for education, other major concerns, and retirement in a future that is more than ten years away. He will discuss college savings plans, use of credit, investment risk management, taxes, teaching children financial management and values, and your questions.

Dates: January 20, 27, 2008
Times: 11:30 a.m.–12:30 p.m.

Spiritual Search

PROGRAMS

Race—The Power of an Illusion

Watch this powerful three-part PBS video series and participate in discussion. The series looks at several scientific discoveries illustrating why humans cannot be subdivided into races, examines ways racial beliefs have been tied to social ideas and policy, traces the recent origins of the concept of race, and considers ways institutions and policies advantage some groups.

Dates: September 5, 12, 19
Time: 7:30 p.m.–9:00 p.m.
Leaders: Rev. Lynn Strauss and Deborah Kahn, Director of Religious Education

Panel Discussion: A Conversation on Evil

Join us for a conversation on evil by a panel of members of three different faith traditions. The participants will include Imam Amin Ezzeddine (co-founder of the Islamic Center of Maryland) and Buddhist Louisa Montero-Diaz, teacher of vipassana (a Buddhist form of meditation). Rev. Lynn Strauss will also participate as well as moderate the discussion.

Date: September 26
Time: 7:30–9:00 p.m.
Leader: Rev. Lynn Strauss

Path to Membership

This program offers newcomers the opportunity to discover what Unitarian Universalism and the Unitarian Universalist Church of Rockville are all about. The October 14 program will include a luncheon. Childcare available

Dates: Two Sundays, October 7 and 14
Time: 11:30 a.m.–12:30 p.m.
Leader: Phyllis Childers, Membership Committee

Nonviolent Communication

Explore ways of communicating with more compassion by focusing on feelings, observations, needs, and requests. Learn to communicate more effectively with family members, friends, and co-workers. The program is based on *Nonviolent Communication: A Language of Life* by Marshall Rosenberg, founder of the Center for Nonviolent Communication. UUCR has two copies, one in the church library and one in the RE library.

Date: Two Mondays, October 29 and November 5
Time: 7:30 p.m.–9:00 p.m.
Leaders: Deborah Kahn, Director of Religious Education and Celia Young

Humanism and UUism

Various internal polls have shown that over half of UUs are "humanists," which a bumper sticker might describe as "compassionate ethical naturalists" who comfortably subscribe to the UU seven principles. Edd Doerr will trace the evolution of UUs from offshoots of New England Congregationalism through a convergence with Enlightenment values and developments in science to the vibrant movement that exists today. Edd will also explore what he sees as an alarming drift away from naturalistic humanism as well as the more recent move by "atheist fundamentalists" to take over organized humanism.

Date: November 7
Time: 7:30 p.m.–9:00 p.m.
Speaker: Edd Doerr, former president of the American Humanist Association and current president of Americans for Religious Liberty, has spoken in over 100 UU pulpits and written extensively on humanism and related topics.

Hanukkah Celebration

On this first night of Hanukkah, join us for stories, games, sharing, latkes, and blessings. If you have menorahs, please bring them.

Date: December 5
Time: 7:30 p.m.–9:00 p.m.
Leaders: Deborah Kahn, Director of Religious Education and friends

Winter Solstice

Join us for our annual Winter Solstice Celebration. We gather in this darkest time of the year, acknowledge the gifts of the dark and welcome the light with music, ritual, reflection, food, and fellowship.

Date: December 19
Time: 7:30 p.m.–9:00 p.m.
Leaders: Deborah Kahn, Director of Religious Education, Ronda Bernstein, Carolyn Pooley, and friends

ONGOING GROUPS

Meditation

Begin your Sunday with spiritual enrichment in group meditation prior to the service.

Date: Weekly on Sundays
Time: 9:15 a.m.–9:45 a.m.
Place: Room 44
Leaders: Susan Nerlinger, 301-570-5219
Celia Young, (301) 294-9558
Mark Lewandoski, (301) 309-2988

Small Group Ministries Program

Join a circle of eight to ten that creates safe space to talk and listen with one another and to explore deep spiritual questions. Each group meets once or twice a month and is led by a trained facilitator. Topics explored include: forgiveness, friendship, living through loss, the mystery of healing, service, joy, taking a stand, and what we love. Join a SGM group to make friends, connect to the congregation, deepen your spiritual search, and create community.

Call: Reverend Lynn Strauss, (301) 762-7666
Jane Klag, (301) 476-7470

Women's Spirituality Group

The Women's Spirituality Group deals with whatever is important to us. We delve into the connection with our deepest self and personhood. We explore our unformed that is forming as we share on our spiritual paths. Thus our creativity, work, word, ideas, and self join in the spirit of life with each other.

Date: Monthly, first and third Saturday
Time: 11 a.m.–1 p.m.

Men's Spiritual Exploration Group

This new group had an initial meeting on July 10, 2007. At that time, plans for the fall meetings were made. Contact Rev. Strauss for more information.

Call: Reverend Lynn Strauss, (301) 762-7666

Family Support Group

The family support group is an ongoing, peer led group of members and friends of the UUCR community who are dealing with issues related to caregiving, bereavement and other loss. We meet the second and fourth Thursdays of the month (except holidays) at 2 p.m. in Room 44.

Dates: Second and fourth Thursdays of the month (except holidays)
Location: Room 44
Contacts: Sue Van Lenten, 301-424-9297, suevanlenten@comcast.net
Niki Davis, 301-762-4219, niki.davis@hmp.net

Social Justice and Political Issues

Special Social Justice Event What is al-Jazeera?

Not what you have heard! Josh Rushing was a U.S. Marine Captain and press officer for Central Command during the 2003 invasion of Iraq. He became famous for his appearance in the documentary *Control Room*, which documented his conversations with Al Jazeera correspondent Hassan Ibrahim. After the Pentagon ordered him not to comment on the movie, he left the Marine Corps and is now working for Al Jazeera English. His new book, *Mission: Al-Jazeera*, is a memoir of his journey from a small town in Texas to the Marines to al-Jazeera English.

Date: Sunday, September 9, 2007,
Time: 2-4 pm.
Speaker: Josh Rushing

Global Warming and You: How You Can Help Cool the Planet

Have you seen *An Inconvenient Truth* and gotten scared about global warming? Are you waiting for politicians and companies to change their ways? Come learn how you can take simple steps in your own lives to cool the planet and how this connects to our faith. Results from UUCR's spring energy assessment will be shared as well as information on Montgomery County Clean Energy Rewards program. Come with your energy bills and get ready to take action.

Date: October 10
Time: 7:30 p.m.–9:00 p.m.
Speakers: Allison Fisher, Greater Washington Interfaith Power and Light and Susan Kirby, Montgomery County Department of Environmental Protection; moderator: Helen Triolo of UUCR

Peacemaking

The UUA has chosen "peacemaking" as a study/action issue, and we invite you to join with us as we explore these essential questions:

- Should the Unitarian Universalist Association reject the use of any and all kinds of war and other violence to resolve disputes between peoples and nations, and adopt a principle of seeking just peace through nonviolent means?
- Is there such a thing as a just war, and if so, what are the criteria that make it so?
- How should we determine the form of intervention that is warranted in a particular situation? What types of intervention can truly be considered "humanitarian"?
- How can globally cooperative institutions be most effectively used to promote human rights, economic justice, religious tolerance, and sustainable environmental practices?
- What successful models exist for the reduction of violence in situations of conflict?

Ray Watts and Ethel Gilbert, members of the Peacemaking Study/Action team at UUCR, attended the General Assembly and will report back on relevant sessions.

Date: October 17
Time: 7:30–9:00 p.m.
Leader: A representative from the UUA Washington Office for Advocacy will guide us in this discussion.

The Faces of Maryland's Uninsured

More than 800,000 Marylanders (45 million nationwide) have no health care insurance, and those of us who do are indirectly paying for their health care through taxes and high insurance premiums. Even higher numbers of people are under-insured or could lose their insurance at any time; are you one of them?

Montgomery Health Care Action will present a 90-minute interactive four-part workshop on the problems inherent in the delivery of health care coverage for the people of Maryland. Part 1 will help uncover typical reasons for citizen health care worries; Part 2 will present a short film describing several situations where real people lack real coverage. Part 3 presents facts, figures and statistics that clarify the nature of the problem, statewide and countrywide, and Part 4 discusses possible solutions, statewide, and ways to get involved, using the tool kit "Taking Action on Health Care for All!! A Guide for Organizing in Your Community."

Date: October 24
Time: 7:30 p.m.–9:00 p.m.
Speaker: Virginia Richardson, a board member of the Unitarian Universalist Legislative Ministry of Maryland

Torture Is a Moral Issue: A Peacemaking Study Opportunity

Jean Athey will explore:

- Torture as a moral issue.
- The facts related to U.S.-sponsored torture and related policies.
- The measures used to legally "justify" government-sponsored torture, including the Military Commissions Act.
- A faith-based response to torture.

Jean Athey's presentation includes a half-hour film, *Outlawed*, which was produced in coordination with human rights organizations. It investigates the moral dimensions of torture, practices such as extraordinary rendition, the situation of prisoners taken in the "war on terror," and what you can do to effectively protest.

Date: November 28
Time: 7:30 p.m.–9:00 p.m.

First Friday Freedom Film Series

The series features films that focus on social consciousness and are not readily available for viewing elsewhere. The films start at 7:30 p.m. and are followed by discussion.

September 7 *The War Tapes*

In this powerfully human documentary, three National Guardsmen chronicle their day-to-day lives on the front lines in Iraq using mini-camcorders strapped to their Hummers and helmets. The story, as told through the eyes of the soldiers, transcends mere social commentary and digs deep into the horror and empathy every soldier confronts.

October 5 *Two Perspectives on Peacemaking—West Bank Story and Seeds*

This winner of the 2007 Oscar for best short film is like *West Side Story*, except with hummus. Lots of hummus. Ari Sandel's musical comedy offers a "Cliff's Notes" version of the Palestinian-Israeli conflict using a light touch that both educates and inspires.

Seeds: What if you were given the opportunity to sit down face-to-face with someone you consider your enemy? What if you had the chance to spend three weeks living with them? Could you co-exist? Would you live in peace? In *Seeds*, you will meet 10 teenagers who explore those questions for themselves. Every summer, for three life-changing weeks, kids from war-torn countries gather together at the Seeds of Peace International Camp to listen to and get to know each other in an attempt to open their minds and build the one thing they all strive for: a peaceful future.

November 2 *Who Killed the Electric Car?*

Filmmaker Chris Payne explores the fate of the electric car in an entertaining, but insightful meditation on our increasingly urgent need for sources of renewable energy. Introduced as a means of providing an alternative to increasing oil consumption and reducing pollution in 1996, the electric car was all but a forgotten memory only a decade later—but why? Though interviews with consumer advocacy experts, automotive industry experts and oil industry heavyweights, Payne paints a though-provoking picture of a culture whose aversion to change and reliance on dwindling resources may be rooted in the financial concerns of a wealthy few, and that may also be leading consumers down a troubling path. Narrated by Martin Sheen.

December 7 *In Debt We Trust*

In America's earliest days, there were barn-raising parties in which neighbors helped each other build their farms. Today, in some churches, there are debt liquidation revivals in which parishioners chip in to free each other from growing credit card debts that are driving American families to bankruptcy and desperation. *In Debt We Trust* investigates why so many Americans are being strangled by debt. It is a journalistic confrontation with what former Reagan advisor Kevin Phillips calls "financialization"—the "powerful emergence of a debt-and-credit industrial complex." This is a film that all parents and their teenage or young adult children should watch together—before the "credit card addiction" takes hold.

Arts and Literature

My Dear Little Gravity: A Visit with Livy Clemens

Many enjoyed Candace Ridington's portrayal of poet Emily Dickinson last spring. Now Candace brings us the chance to meet Livy Clemens, Mark Twain's devoted wife. Enjoy a glimpse into the Clemens family in the year 1887 and discover what it was like for the gentle Livy being married to the famous and idiosyncratic Mark Twain.

The performance lasts about 45 minutes and is suitable for adults and young adults.

Date: October 3
Time: 7:30 p.m.–9:00 p.m.
Speaker: Candace Ridington

Traditional Chinese Paper Cutting

Chinese paper cutting is a unique art form that has existed for thousands of years. This program will introduce us to paper-cutting's history, its major characteristics, types and styles, and techniques, as well as its connections to traditional Chinese culture and customs.

The first part of the program includes a PowerPoint presentation and demonstration by Hongyi He. The remainder of the program will be a workshop where participants will break into small groups and learn how to make some simple patterns, such as double happiness (weddings) and flowers (Chinese New Year). Participants are welcome to bring their own scissors with sharp pointed blades.

Date: November 14
Time: 7:30–9:00 p.m.
Speaker: Hongyi He, professor of Chinese fine arts and Chinese folklore, taught at South Central University for Nationalities in Wuhan, China, for twenty-five years. Recently, she has given lectures and workshops at schools, galleries, libraries, and organizations throughout the United States.

Caroling in the Neighborhood

Join your friends at UUCR for a fun and seasonal activity. We'll sing carols around the UUCR neighborhood and then return to the church for hot cocoa and goodies. Note that we're starting early to encourage families and children to attend.

Date: December 12
Time: 7:00 p.m.–8:30 p.m.
Leader: Terri Winkler

Special Events and Social Get-Togethers

Activity Fair and Potluck

An opportunity to find out about all the programs UUCR offers. Learn how you can participate in a wide range of activities from spiritual concerns to social justice to social activities.

Time: 11:30 a.m.
Date: Sunday, September 23
Leader: Irene Eckstrand

Regional Gathering of Maryland and D.C. UU Churches

The second annual Maryland and D.C. churches regional gathering will once again bring together UU leaders and potential leaders for a full day of workshops, presentations, and round-table discussions. Topics range from radical hospitality to fundraising and from handling congregational growth to finance and budgets. Registration is required.

Time: 9:00 a.m.–3 p.m.
Date: Saturday, September 29
Contact: Terrie McNulty (terrie.mculty@gmail.com) for more information)

Board Game Night

An evening of fun playing board or card games in an intergenerational mix of members and friends of UUCR. This Action Auction offering was such a success last year that the Board offered it once again. Whether playing bridge, dominoes, Othello, or Scrabble, fun and fellowship will be had by all.

Come even if you missed out bidding on this activity at the Action Auction. Pay \$10/person or \$25/family at the door of Davies Fellowship Hall.

Time: 7:00 p.m.–9 p.m.
Date: Saturday, October 6
Contact: Terrie McNulty

JUUbilee Celebration

UU's from around the region join together at All Souls Church for a JUUbilee worship to celebrate the social justice legacy of A. Powell Davies and the last 50 years of UU growth in the region which he initiated. Members from 27 congregations will join to honor and commemorate this rich past, and rejoice collectively in our faith and its future promise.

Time: 4:00-5:30 p.m. (refreshment to follow)
Date: Sunday, October 13, 2007
Contact: Terrie McNulty

Church Retreat

Hiking in the woods, singing around the campfire, meditation sessions, workshops, cooking and eating in the mess hall, group children's games, and general fun and fellowship. The good times are here at Camp Round Meadow at Catoctin Mountain National Park, located in Thurmont, Maryland (an hour's drive from UUCR).

Date: Friday–Sunday, October 19–21

Bizarre Bazaar

There's lots of fun and fellowship involved in planning for and working at the Bazaar. This event features sales of quilted items, crafts, jewelry, white elephant items, and used books along with live and silent auctions and great food. This is one of UUCR's two major fund-raisers and is also important because it draws from surrounding communities.

Date: Saturday, November 10
Time: 8:30 a.m.–2:00 p.m.
Leader: Mary Lanigan

Thanksgiving Feast

Get together with UUCR members and friends at our annual celebration of Thanksgiving. Turkeys are provided and participants sign up to bring hors d'oeuvres, side dishes, and desserts. The event is held in Davies Fellowship Hall and seating is limited, so be sure to sign up when you see the poster after service on Sundays in November.

Date: Thursday, November 22
Time: 2:00 p.m.–5:00 p.m.
Contact: Martha Beyerlein

ONGOING PROGRAMS

Lunch Bunch

The Monthly Lunch Bunch is in its fourteenth year and newcomers are welcome along with members, friends, and family members who may be visiting. We meet at a variety of area restaurants.

Date: monthly
Time: noon
Contact: Ralph Golden, 301-762-6360, golden-prospect2@comcast.net

Noon Noshers

Sponsored by the Caring Resources Committee, this group meets occasionally for a casual lunch and guest speaker.

Time: noon
Contact: Jo Wilson, 301-251-1821, wilsonjo@verizon.net

Dinners for Eight

Social dinners held monthly at different participants' homes.

Date: second Saturday of the month
Time: arranged by host
Contact: Jane Klag, 301-476-7470, jtklag@comcast.net

Crafts Group

An informal group that meets throughout the year for "Crafts, Coffee, and Conversation." We bring our knitting, crocheting, beading, watercolor projects, you name it. No artistic ability or special skills are required. Everyone is welcome and we try to keep some easy projects on hand. We go on field trips, have sessions devoted to teaching, occasionally celebrate each other's birthdays, and go out for lunch around the holidays. We have provided decorations for church events, and we sell our handmade creations at the Bizarre Bazaar. We are happy to have new members.

Date: every Tuesday
Time: 10:00 a.m.–12:00 noon
Contact: Marge Holmes, 301-424-4523, mg.holmes@verizon.net

Quilters

The Quilters create one quilt a year to be raffled at the annual church bazaar. An offshoot of the quilting activity is the making of craft items that are sold as Christmas crafts at the bazaar. The existence of the quilting group provides the possibility for anyone who practices needlework to experience group participation in the making of a beautiful product while enjoying the warmth and support of friends who share an interest and meet together weekly.

Date: Wednesday evenings (break from mid-November through December)

Time: 7:30 p.m.–9:00 p.m.

Contacts: Louise Friedenber, 301-762-0168,
LCFried@aol.com
Margaret Chalkley 301-424-9139, mwchalk-
ley@yahoo.com

Book Group

The book club meets monthly at the church and is open to all members of the UUCR community who enjoy reading. Fiction and non-fiction books are selected based on recommendations by book club participants. Information on book selections is published in advance of the meeting in *Quest*, the church newsletter. The book club also sponsors an annual poetry reading and potluck dinner that is held at a member's home.

Date: Third Friday of every month (except August)

Time: 7:30 p.m.–9:00 p.m.

Contact: Carolyn Pooley, 301-279-0490

Socrates Café

This group provides an opportunity for conducting a free and responsible search for truth and meaning in a respectful atmosphere. The café welcomes both UUCR members and friends and those from the wider community.

Date: fourth Saturday of every month

Time: 7:00 p.m.–9 p.m.

Contact: Kyle Hedges, 301-294-9456,
susan.hedges@verizon.net

Walking Group

The UUCR WOFFers (Walking Outdoors for Fun and Friendship) is open to everyone in the church community. The WOFFers' main objective is to have fun and provide an opportunity for participants to get to know one another. Walks are planned and led by members. Walkers and leaders meet at the church parking lot and car pool to the location of the walk. Dates, times, and walk locations are published in *Quest*, the church newsletter. Morning walks are usually followed by lunch at a restaurant near the location of the walk.

Dates: Fall and Spring as stated in *Quest*

Location: UUCR Parking Lot

Contact: Carolyn Pooley (301) 279-0490

Power Tool Gang

These UUCR members get together on an as-needed basis to help maintain the buildings and grounds. Work stints are often followed by a cookout lunch.

Date: as needed

Contact: Jay LaMarche, 301-762-7872, vjla-
marche@verizon.net

Registration

Name	Program Title and Date	Phone	Number Attending

Notes



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